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## Presentations and Workshops

Seattle Office of Emergency Management <i>Workshop designer and facilitator</i> Strategic planning retreat, MBTI, team building,	Multiple sessions 2012 - 2023
Northwest Women's Leadership Academy <i>Virtual workshop designer and facilitator</i> "Small-group Facilitation by Women, for Women"	Multiple sessions 2022 - 2023
Public Health Seattle-King County <i>Team retreat designer and facilitator</i> Cross-division communication and teaming	June 10, 2022
Neighborhood Leadership Group (Georgia) <i>Virtual workshop designer and facilitator</i> "UNpolarizing: Beyond Conflict and Toward Community"	Multiple sessions 2020
City of Renton, WA <i>Workshop designer/presenter</i> "Emotional Intelligence" "MBTI for Teams" "Coaching for Emotional Intelligence: Police FTO Skillbuilding" "CPI 260 Leadership Assessments Workshop"	Multiple sessions 2015 - 2020 Multiple sessions 2015 - 2020 December 6, 2019 September 26, 2019
University of Washington, HCDE 322 Organizational Teamwork <i>Guest lecturer and workshop designer returning (annually)</i> "The Role of Awareness in Creating Adaptive Strategies for Teams"	Multiple sessions 2015 - 2019
Washington State Government Lean Transformation Conference <i>Workshop co-presenter with Steven Thomson, Washington State Auditor's Office</i> "Inspiration, Instigation, Integration: Keeping Lean Alive and Kicking"	10/9/2019
Association of Washington Cities Mayor's Exchange 2019 <i>Workshop designer/presenter</i> "Your Role in Emergency Management"	9/16/2019
King County cities and tribes (multiple clients) <i>Workshop presenter</i> "Myers-Briggs for Teams: Optimizing Communication by Type" "Communicating with Emotional Intelligence"	Multiple sessions 2016 - 2018

Renton Technical College/City of Renton <i>REPA curriculum manager, session presenter</i> "Renton Emergency Preparedness Academy (REPA)"	Multiple sessions 2008 - 2018
City of Ridgefield, WA <i>Workshop co-facilitator with Steven Thomson, Washington State Auditor's Office</i> "Improving Improvement"	November 13, 2018
Washington State Emergency Management Association Conference <i>Workshop co-presenter with Dr. Bob Stilger, founder of New Stories</i> "Quantum Recovery: Unleashing the Power of Community"	September 18, 2018
International Humanistic Management Conference <i>Workshop co-presenter with M. Mansoor Ahmed</i> "Increasing Community Cohesion Through Awareness and Communication Skills Development: A Case Study"	October 24, 2017
XII International Transformative Learning Conference <i>Presenter</i> "Developing Crisis Leaders Through Transformative Learning"	October 22, 2016
Leadership Summit 2016, King County Fire Chiefs Association <i>Workshop presenter</i> "Crisis Leadership"	October 5, 2016
Partners in Emergency Preparedness Conference <i>Keynote speaker</i> "Leading Through Crisis" Video excerpts at <a href="https://www.youtube.com/@CrisisOptimist">https://www.youtube.com/@CrisisOptimist</a>	April 21, 2016
Woodinville Fire & Rescue <i>Workshop presenter</i> "Leadership Workshop"	February 24, 2016
International Association of Emergency Managers Conference <i>EMvision Talk presenter</i> "Emotional Intelligence for Crisis Leaders" Video link at <a href="https://www.youtube.com/watch?v=a_YAMXibxVM">https://www.youtube.com/watch?v=a_YAMXibxVM</a>	November 17, 2015
Joint OEMA/WSEMA Conference <i>Session presenter</i> "Improving Crisis Performance Through Emotional Intelligence"	September 23, 2015

City of Renton Quarterly Management Workshop August 20, 2015  
*Workshop co-designer/presenter with Dr. Mark R. Jones*  
“A Look Under the Hood: What’s Driving Us?”

The Power of Story: Lead with Yours, 2015 Conference April 18, 2015  
*IgniteTalk presenter*  
“Crisis Leadership”

Partners in Emergency Preparedness Conference April 15, 2015  
*Session presenter*  
“If Only It Weren’t for the People…”

Play It Forward Conference March 1, 2014  
*Session co-presenter*  
“Work It, Baby!”

Clark Regional Emergency Services Agency Multiple sessions 1998 - 2007  
*Training coordinator, primary presenter*  
Emergency Operations Center Training (multiple courses)  
Community Emergency Response Team Training (7 week course)

Tuality Healthcare/Legacy Health Systems (concurrently) Multiple sessions 1993/1994 - 2003  
*Health educator, curriculum designer*  
Prenatal Education (6 week course)  
CPR and Medic First Aid (Tuality only)

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## **Publications and Papers**

“Ready together: An emergency preparedness handbook for you and your neighbors”  
Project coordinator, subject matter expert contributor, and reviewer/co-editor. Produced and published by Transition US and NewStories. 2020. <https://mutualaidisasterrelief.org/wp-content/uploads/2021/10/Ready-Together-An-Emergency-Preparedness-Handbook-for-You-and-Your-Neighbors.pdf>

"Increasing Community Cohesion Through Awareness and Communication Skills Development: A Case Study". Co-author with M. Mansoor Ahmed. Unpublished manuscript. Presented at the International Humanistic Management Conference, Seattle Washington. 2017.

“Developing crisis leaders through transformative learning”. Author, pages 401-406 of Nicolaidis, A. & Holt, D. (Eds.) Engaging at the intersections. Proceedings of the XII

International Transformative Learning Conference, Tacoma, Washington, Pacific Lutheran University. 2016.

“Hazard information management during the autumn 2004 reawakening of Mount St. Helens volcano, Washington”. Co-author of a chapter within USGS Professional Paper 1750, A Volcano Rekindled: the Renewed Eruption of Mount St. Helens, 2004-2006. Published by USGS. 2008.

“Holistic disaster recovery: Ideas for building local sustainability after a natural disaster”. Contributor and reviewer for the Natural Hazards Research and Applications Information Center, University of Colorado. Published by the Public Entity Risk Institute. 2005.

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